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Sardinia, Italy



Synopsis

One of the hot spots of the Mediterranean traffic, Sardinia was conquered from 1500 BC onward by the Phoenicians, Carthage, Romans, Arabs, Spaniards, and Austrians before obtaining its current semi-autonomous status within Italy. Bearing an inviting mix of all these cultures, Sardegna still delivers the very breath of reigns under the Houses of Aragon and Savoy, the Roman and Byzantine Empires and the Cardinals -- in the form of prehistoric stone forts, the proud nuraghi of Nora and Tharros. Today's Sardinia is popular with the jet-set presence of the rock climbers, wind-surfers, kayakers, scuba-divers, wildlife fans, historians, miners, and gourmets with discriminating palates that get swiftly addicted to the incredible Sardinian dishes. Join our vacationers, the father jaguar and the cub, for a weekend in Porto Cervo at the emerald Costa Smeralda, or in archipelago Di La Maddalena; take a stroll in the mines of Badesti and Ingurtosu; indulge into the marvelous view of Cagliari from Bastione San Remy; rent a Sardinian traditional farmhouse in Stazzu Gallurese, or an entire modern villa in the land of the riches, Costa Smeralda. Try the Sardinian breads (Civraxiu, Coccoi Pintau, Pistoccu, and laboriously baked Pane Carasau), sheep-milk cheeses (Pecorino and Casu Marzu - fermented with the fly larvae). Attend the national, historical, religious, equestrian, and gastronomic festivals that bring to Sardinia heavy loads of tour-buses. Whatever you opt to do or to skip in Sardinia, your experience would be illustrious and fantastic, as Sardinia's wildlife alone is a feast to the eyes. Ennidos (welcome) to Sardegna!

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